

2025 Dow Championship

Yoga on the Green



Discover tranquility on the 17th fairway at Midland Country Club during Dow Championship Week!

8 a.m., Saturday, June 28, 2025
Midland Country Club's 17th Fairway

Presented by MyMichigan Health, Yoga on the Green is returning to the Dow Championship. The class will be led by our own Judi Powers, M.S., A.C.S.M., exercise physiologist and wellness coach. All skill levels are welcome to join this 45-minute class on the beautiful greens of the Midland Country Club. A healthy snack will be provided. The cost is \$5. Children under 17 are free. In case of rain, the class will take place in the Midland Country Club ballroom.

All proceeds will go to the James T. and Elsa U. Pardee Cancer Wellness Center. Only 100 spots are available so purchase your ticket early at www.dowchampionship.com/tickets